

Inauguration of Collaborative Research OPD's at Government Homoeopathic Medical College, Bhopal

Central Council for Research in Homoeopathy (CCRH) has set up four research OPDs namely Rheumatology, Ophthalmology, Dermatology & Paediatrics in collaboration with Govt. Homoeopathic Medical College (GHMC), Bhopal.

This was made possible after an MOU was signed between CCRH and GHMC & H in May this year. The research OPD's were inaugurated by Padmashri Dr. H.R. Nagendraji, Chancellor, S-VYASA University, Bangalore.



A view of research OPD's at GHMC, Bhopal



Inauguration of CCRH Collaborative Research OPD's by Padmashri Dr. H.R. Nagendraji

He visited each OPD and congratulated CCRH and GHMS team for taking up this joint venture. In his inaugural speech Sh. Nagendraji said that Hahnemann had propounded the principle of '*Similia Similibus Curentur*' more than 200 years ago and the researchers must establish its scientificity.

On this occasion a two day Training Programme cum Orientation Workshop on Research Methodology and Bio-statistics was also conducted by CCRH for the Faculty and Post Graduate students of GHMC. The workshop began with the traditional lighting of lamp by the dignitaries



pr Padmashri Dr. H.R. Nagendraji garlanding the photo of Dr. Samuel Hahnemann



Dr. Anil Khurana, Deputy Director General, CCRH lighting the lamp at the Inaugural ceremony



Padmashri Dr. H.R. NagendraJi being felicitated by the students and faculty of GAHMC, Bhopal



Padmashri Dr. H.R. NagendraJi addressing the gathering

While emphasizing that Life Style Diseases actually originate from the mind he said that **Yog** and **Homoeopathy** are both subtle and act very deeply on mind. He encouraged the PG students of GHMC to undertake fundamental research so that the mechanism of action of Homoeopathic medicines can be unravelled. He urged the students to produce evidence base for Homoeopathy and publish them in journals like Lancet and Nature to disseminate their findings globally.

He also proposed that collaborative studies integrating Yog and Homoeopathy may be taken up because the ultimate aim of a physician is to give relief to the suffering humanity and prevent the further spread of life style diseases. He congratulated also hoped that the orientation workshop will be fruitful and the students will learn about the research methodology.



A view of the participants at the Training Programme

Pre- workshop assessment was done for the faculty and PG students on a proforma containing 25 MCQs. 1st Scientific session began with the presentation by Dr Anil Khurana, DDG, CCRH. He apprised the audience about the activities and achievements of CCRH and Key areas of Research in Homoeopathy. This was followed by an elaboration of various Clinical Trial Designs by him.

In the second session, Dr. Juhi Gupta, Asst. Professor, GHMC, Bhopal introduced all to 'Research Methodology' through her Power Point Presentation.



Dr. Juhi Gupta addressing the students and faculty of GHMC, Bhopal

The third session was on 'Protocol Designing' which was elaborately explained by Dr. Bindu Sharma, Scientist-4, CCRH with special emphasis on Research Question, Hypothesis, Sampling and Randomization.

The learning objectives of the second day of the training programme were Data Recording Biostatistics, Ethics in Clinical Research and Case Reporting guidelines.



Resource persons of the training programme L to R : Dr. Juhi Gupta, GHMC, Bhopal ; Dr. Bindu Sharma, Dr. Anupriya Chaudhary, Dr. Anil Khurana (CCRH, New Delhi); Dr. Akash Ranjan Singh & Dr. Rohit (AIIMS, Bhopal)

The first session started with a presentation by Dr. Akash Ranjan Singh, Dept. of Community Medicine, AIIMS, Bhopal on Types of Data and Data Recording. The second session on

‘Case Reporting: CARE and HOM CASE guidelines’ was taken up by Dr. Anupriya Chaudhary, Scientist-1, CCRH who elaborately explained the need and guidelines for reporting of cases for publication purposes.

The third session after lunch was taken up by Dr. Anil Khurana who described in detail about ‘Ethics in Clinical Research’. He highlighted the evolution of ethical considerations, Clinical Trial Registry of India, the importance of Informed Written Consent and Patient Information Sheet.

The training programme ended successfully with a Post Workshop Assessment wherein the students were asked to fill the same set of questionnaire which was given for Pre-Workshop Assessment. The students were also given an assignment of preparation of short protocol which was completed by them very enthusiastically. They were also apprised about the MD Scholarship scheme and Award Scheme of the Council and how to submit papers for Indian Journal of Research in Homoeopathy.



The enthusiastic PG students and faculty of GHMC, Bhopal with CCRH Officials